## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

**CURRENT REPORT** 

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): May 27, 2022



# **American Assets Trust, Inc.**

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation) 001-35030 (Commission File Number) 27-3338708 (I.R.S. Employer Identification No.)

3420 Carmel Mountain Road, Suite 100 San Diego, California 92121 (Address of principal executive offices and Zip Code)

(858) 350-2600 (Registrant's telephone number, including area code)

Not Applicable (Former name or former address, if changed since last report.)

	k the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the wing provisions:
7	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
_ 	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Name of Registrant	Title of each class	Trading Symbol	Name of each exchange on which registered
American Assets Trust, Inc.	Common Stock, par value \$0.01 per share	AAT	New York Stock Exchange
chapter) or Rule 12b-2 of the Securities  Emerging growth company   f an emerging growth company, indicat	istrant is an emerging growth company as define Exchange Act of 1934 (§240.12b-2 of this chap te by check mark if the registrant has elected not ls provided pursuant to Section 13(a) of the Exch	ter). to use the extended transi	· ·

#### Item 7.01 Regulation FD Disclosure.

The following information is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subjected to the liabilities of that section. Such information shall not be incorporated by reference into any filing of American Assets Trust, Inc. (the "Company"), whether made before or after the date hereof, regardless of any general incorporation language in such filing.

On May 27, 2022, American Assets Trust, Inc. (the "Company") published its 2021 Sustainability Report (the "Sustainability Report"), which covers the Company's 2021 operations, and highlights the Company's initiatives and commitments across a range of topics including environmental, social responsibility, corporate governance and human capital. A copy of the Sustainability Report can be found on the "Sustainability" page of the Company's website at <a href="https://www.americanassetstrust.com">www.americanassetstrust.com</a>. The information found on, or otherwise accessible through, the Company's website is not incorporated by reference herein.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

American Assets Trust, Inc.

By: /s/ Adam Wyll

Adam Wyll

President and Chief Operating Officer

May 27, 2022

### EXHIBIT INDEX

<u>Exhibit</u> <u>Number</u>	Exhibit Description
104	Cover Page Interactive Data File (the cover page XBRL tags are embedded within the Inline XBRL document).