FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* RADY ERNEST S | | | | | | 2. Issuer Name and Ticker or Trading Symbol American Assets Trust, Inc. [AAT] | | | | | | | | | | | | 10% O\ | vner |
|--|--|-----------------|----------------------|--|---|---|---|--------------|---|------|--|-----------------------|---|--|--|---|------------------------------|---|--|
| (Last) (First) (Middle) 3420 CARMEL MOUNTAIN ROAD SUITE 100 | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 09/08/2022 | | | | | | | | X | X Officer (give title below) Other (specify below) Chairman & CEO | | | | | |
| (Street) SAN DIEGO CA 92121 | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Indi Line) X | vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | on | | |
| (City) | (| State) | (Zip) | | | | | | | | | | | | | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| Date | | | | | | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (AD Disposed Of (D) (Instr. 35) | | A) or , 4 and | 5. Amount of Securities Beneficially Owned Following | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | | Code | v | Amount | (A) c | or P | rice | | ed ction(s) 3 and 4) | | | (Instr. 4) |
| Common | Stock, pa | ar value \$0.01 | | 09/08/2 | .022 | | | | P | | 20,000 | A | 4 | 327.96 | 6,8 | 72,855 | I | | By ERT ⁽¹⁾ |
| Common Stock, par value \$0.01 09/09/ | | | | 09/09/2 | .022 | | | | P | | 10,000 | A | 4 | 528.13 | 6,882,855 | | | | By ERT ⁽¹⁾ |
| Common Stock, par value \$0.01 | | | | | | | | | | | | | 2,189,698 | | I | | By AAI ⁽²⁾ | | |
| Common Stock, par value \$0.01 | | | | | | | | | | | | | | 1,2 | 75,336 | I | | By ICW ⁽³⁾ | |
| Common Stock, par value \$0.01 | | | | | | | | | | | | 719,341 | | I | | By RF ⁽⁴⁾ | | | |
| Common Stock, par value \$0.01 | | | | | | | | | | | | 200,000 | | 0,000 | I | | By EIC ⁽⁵⁾ | | |
| Common Stock, par value \$0.01 | | | | | | | | | | | | | | 100,459 | | I | | By ESRT ⁽⁶⁾ | |
| Common Stock, par value \$0.01 | | | | | | | | | | | | | 255,339 | | D ⁽⁷⁾ | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversic or Exercis Price of Derivative Security | e (Month/Day/Ye | Execut ar) if any | 3A. Deemed Execution Date, | | | | 5. Number of | | | isable and | | | 8. I De Sei (In: | ivative description of the control o | 9. Number derivative Securities Beneficial! Owned Following Reported Transaction (Instr. 4) | y Ow For Or I (I) (| nership m: ect (D) ndirect Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| -xplanation | | | | | Code | v | (A) | (D) | Date Exercis | able | Expiration Date | Title | Amo or Num of Shar | ber | | | | | |

- 1. Represents shares held by Ernest Rady Trust U/D/T March 10, 1983 ("ERT"), for which the Reporting Person is the trustee. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 2. Represents shares held by American Assets, Inc. ("AAI"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 3. Represents shares held by Insurance Company of the West ("ICW"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 4. Represents shares held by Rady Foundation ("RF"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 5. Represents shares held by Explorer Insurance Company ("EIC"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 6. Represents shares held by Evelyn Shirley Rady Trust U/D/T March 10, 1983 ("ESRT"), for which the Reporting Person is the trustee. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 7. Amount includes (a) 66,680 shares held by Ernest Rady IRA and (b) 188,659 shares of restricted common stock issued pursuant to the American Assets Trust, Inc. and American Assets Trust, L.P. Amended and Restated 2011 Equity Incentive Award Plan.

Remarks:

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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