FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL											
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	Check this box if no longer subject
	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

						or Sec	tion 3	su(n) o	tne ii	nvestmen	t Coi	npany Act c	1940	J								
1. Name and Address of Reporting Person* Schaefer Joy L.						2. Issuer Name and Ticker or Trading Symbol American Assets Trust, Inc. [AAT]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Benderer 30y L.															-	X Director			10% O			
(Last)	(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 06/05/2023									Officer (give title below)			Other (s	specify		
C/O AMERICAN ASSETS TRUST, INC.							4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
3420 CARMEL MOUNTAIN ROAD, SUITE 100					Jacob Signal									1 ′	Line)							
																	X Form filed by One Reporting Person Form filed by More than One Reporting					
(Street)			o.	2424												Pers		ore tha	an One Rep	orting		
SAN DIEGO CA 92121						Dula 10hE 1(a) Transaction Indication																
							Rule 10b5-1(c) Transaction Indication															
(City)	(-	State)) (2	ip)		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to																
satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																						
			Table I	- No	n-Deriva	tive Se	ecur	ities	Acq	uired, I	Dis	posed of	, or	Bene	eficial	ly Owr	ned					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquirities Acquirit					Securi	urities F eficially (I ned Ir owing (I		n: Direct or ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
										Code V		Amount	(A (C	() or	Price							
Common Stock, par value \$0.01 06/05/2							.023			A		2,587(1))	A	\$0	4,105			D			
Common Stock, par value \$0.01														4,459				By Trust ⁽²⁾				
			Tab	le II -	Derivati	ve Sec	curit	ies A	Acqu	ired, D	ispo	osed of,	or B	enef	icially	Owne	d					
					(e.g., pu	ts, cal	ls, v	varra	ınts,	option	s, c	onvertib	le se	ecuri	ties)							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	n Da	Transaction ate lonth/Day/Year)	if any	emed tion Date, n/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		De Se (Ir	Price of erivative ecurity istr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
						Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amo or Num of Shar	ber							

Explanation of Responses:

- 1. Shares of restricted common stock issued to the Reporting Person as a non-employee director pursuant to the American Assets Trust, Inc. and American Assets Trust, L.P. Amended and Restated 2011 Equity Incentive Award Plan.
- 2. The shares are held by the Joy L. Schaefer Skaggs Separate Property Trust. The reporting person disclaims beneficial ownership of these shares except to the extent of her pecuniary interest therein.

Remarks:

/s/ Adam Wyll, Attorney-infact 06/05/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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