FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  RADY ERNEST S     |                                                                       |                                           |                  |                                                                           |            | 2. Issuer Name <b>and</b> Ticker or Trading Symbol American Assets Trust, Inc. [ AAT ] |                                                                                        |                                         |                                                |                                                               |                    |                                                                                                  |                                                                                                                                    | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner  V Officer (give title Other (spec |                               |                                                                                                                           |                                                                | Owner                                 |
|-------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------|------------------|---------------------------------------------------------------------------|------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------------|---------------------------------------------------------------|--------------------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------|
| (Last) (First) (Middle) 3420 CARMEL MOUNTAIN ROAD SUITE 100 |                                                                       |                                           |                  | 3. Date of Earliest Transaction (Month/Day/Year) 09/10/2021               |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    | X                                                                                                | belov                                                                                                                              | •                                                                                                                                  | below                         |                                                                                                                           |                                                                |                                       |
| (Street) SAN DIEGO CA 92121 (City) (State) (Zip)            |                                                                       |                                           |                  | 4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Ind Line)  X |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    |                                                                                                  | ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person |                                                                                                                                    |                               |                                                                                                                           |                                                                |                                       |
|                                                             |                                                                       | Tabl                                      | e I - No         | n-Deriva                                                                  | tive S     | Secur                                                                                  | ities                                                                                  | Acq                                     | uired,                                         | Dis                                                           | posed of,          | , or B                                                                                           | enef                                                                                                                               | icially                                                                                                                            | y Own                         | ed                                                                                                                        |                                                                |                                       |
| ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,                     |                                                                       |                                           |                  | 2. Transaction<br>Date<br>(Month/Day/Yea                                  |            | Execution Date,                                                                        |                                                                                        | 3.<br>Transaction<br>Code (Instr.<br>8) |                                                | 4. Securities Acquired (A<br>Disposed Of (D) (Instr. 3,<br>5) |                    |                                                                                                  | 4 and Securitie<br>Beneficia                                                                                                       |                                                                                                                                    | es<br>ially<br>Following      | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4)                                                         | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership            |                                       |
|                                                             |                                                                       |                                           |                  |                                                                           |            |                                                                                        |                                                                                        |                                         | Code                                           | v                                                             | Amount             | (A) c                                                                                            | or Pri                                                                                                                             | се                                                                                                                                 | Transa                        | ed<br>ction(s)<br>3 and 4)                                                                                                |                                                                | (Instr. 4)                            |
| Common                                                      | Stock, par                                                            | value \$0.01                              |                  | 09/10/2                                                                   | 2021       |                                                                                        |                                                                                        |                                         | P                                              |                                                               | 5,000              | A                                                                                                | . \$3                                                                                                                              | 38.62                                                                                                                              | 6,3                           | 49,158                                                                                                                    | I                                                              | By<br>ERT <sup>(1)</sup>              |
| Common Stock, par value \$0.01                              |                                                                       |                                           |                  | 09/14/2                                                                   | 09/14/2021 |                                                                                        |                                                                                        |                                         | P                                              |                                                               | 4,210              | A                                                                                                | . \$3                                                                                                                              | 38.99                                                                                                                              | 1,891,496                     |                                                                                                                           | I                                                              | By<br>AAI <sup>(2)</sup>              |
| Common Stock, par value \$0.01                              |                                                                       |                                           |                  |                                                                           |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    |                                                                                                  |                                                                                                                                    |                                                                                                                                    | 1,2                           | 55,336                                                                                                                    | I                                                              | By<br>ICW <sup>(3)</sup>              |
| Common Stock, par value \$0.01                              |                                                                       |                                           |                  |                                                                           |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    |                                                                                                  |                                                                                                                                    | 71                                                                                                                                 | 9,341                         | I                                                                                                                         | By RF <sup>(4)</sup>                                           |                                       |
| Common Stock, par value \$0.01                              |                                                                       |                                           |                  |                                                                           |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    | 20                                                                                               | 0,000                                                                                                                              | I                                                                                                                                  | By<br>EIC <sup>(5)</sup>      |                                                                                                                           |                                                                |                                       |
| Common Stock, par value \$0.01                              |                                                                       |                                           |                  |                                                                           |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    | 92,495                                                                                           |                                                                                                                                    | I                                                                                                                                  | By<br>ESRT <sup>(6)</sup>     |                                                                                                                           |                                                                |                                       |
| Common Stock, par value \$0.01                              |                                                                       |                                           |                  |                                                                           |            |                                                                                        |                                                                                        |                                         |                                                |                                                               |                    |                                                                                                  | 253,374                                                                                                                            |                                                                                                                                    | <b>D</b> <sup>(7)</sup>       |                                                                                                                           |                                                                |                                       |
|                                                             |                                                                       | Ta                                        | able II -        |                                                                           |            |                                                                                        |                                                                                        |                                         |                                                |                                                               | osed of, o         |                                                                                                  |                                                                                                                                    |                                                                                                                                    | Owne                          | d                                                                                                                         |                                                                |                                       |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)         | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year | Execut<br>if any | 3A. Deemed<br>Execution Date,                                             |            | action<br>Instr.                                                                       | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |                                         | 6. Date Exerc<br>Expiration Da<br>(Month/Day/Y |                                                               | isable and<br>te   | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Ins<br>3 and 4) |                                                                                                                                    | 8. I<br>De<br>Se<br>(In                                                                                                            | rivative<br>curity<br>str. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s<br>(Instr. 4) | Ownershi<br>Form:<br>Direct (D)<br>or Indirec<br>(I) (Instr. 4 | Beneficial<br>Ownership<br>(Instr. 4) |
| Explanation                                                 | of Doopon                                                             |                                           |                  |                                                                           | Code       | v                                                                                      | (A)                                                                                    | (D)                                     | Date<br>Exercis                                | able                                                          | Expiration<br>Date | Title                                                                                            | Amou<br>or<br>Numb<br>of<br>Share                                                                                                  | er                                                                                                                                 |                               |                                                                                                                           |                                                                |                                       |

- 1. Represents shares held by Ernest Rady Trust U/D/T March 10, 1983 ("ERT"), for which the Reporting Person is the trustee. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 2. Represents shares held by American Assets, Inc. ("AAI"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 3. Represents shares held by Insurance Company of the West ("ICW"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 4. Represents shares held by Rady Foundation ("RF"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 5. Represents shares held by Explorer Insurance Company ("EIC"), which is directly controlled by the Reporting Person. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 6. Represents shares held by Evelyn Shirley Rady Trust U/D/T March 10, 1983 ("ESRT"), for which the Reporting Person is the trustee. The Reporting Person disclaims beneficial ownership of such shares, except to the extent of his pecuniary interest therein.
- 7. Amount includes (a) 66,680 shares held by Ernest Rady IRA and (b) 186,694 shares of restricted common stock issued pursuant to the American Assets Trust, Inc. and American Assets Trust, L.P. Amended and Restated 2011 Equity Incentive Award Plan.

## Remarks:

/s/ Adam Wyll, Attorney-in-

09/14/2021

fact

\*\* Signature of Reporting Person

Date

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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