UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): April 3, 2020



American Assets Trust, Inc.

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation) 001-35030 (Commission File Number) 27-3338708 (I.R.S. Employer Identification No.)

11455 El Camino Real, Suite 200 San Diego, California 92130 (Address of principal executive offices and Zip Code)

(858) 350-2600 (Registrant's telephone number, including area code)

Not Applicable (Former name or former address, if changed since last report.)

theck the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the bllowing provisions:				
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)			
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
7	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			

Securities registered pursuant to Section 12(b) of the Act:

Name of Registrant American Assets Trust, Inc.	<u>Title of each class</u> Common Stock, par value \$0.01 per share	Trading Symbol AAT	Name of each exchange on which registered New York Stock Exchange		
Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company □					
If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.					

Item 7.01 Regulation FD Disclosure.

In light of the ongoing COVID-19 pandemic, American Assets Trust, Inc. (the "Company") has elected to withdraw its 2020 guidance previously provided on October 29, 2019. The Company will provide additional information regarding operations and financial activities in its upcoming first quarter 2020 earnings press release.

The information furnished pursuant to this Item 7.01 shall not be deemed "filed" for any purpose, including for the purpose of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, and shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, regardless of any general incorporation language in such filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

American Assets Trust, Inc.

By: /s/ Adam Wyll

Adam Wyll

Executive Vice President and Chief Operating Officer

April 3, 2020

EXHIBIT INDEX

<u>Exhibit</u> <u>Number</u>	Exhibit Description
104	Cover Page Interactive Data File (the cover page XBRL tags are embedded within the Inline XBRL document).